

MEET MAYADA ADIL



Age: 29

Country of Origin: Sudan

Country of residence: France

What would the title of your biography be?

Mayada would have her title reflect her UN Youth Leader profile: 'Medical Doctor, Fashion Designer and founder of La Loupe Creative.'

How would you use a time machine?

Mayada admires and enjoys the present moment and would choose to stay in this current period of time and look towards the future, rather than retreating to the past. If she had to go back and visit a past era, it would be the Golden Age or when Nelson Mandela was alive; as he played a major role balancing inequalities in South Africa. She would enjoy learning from him.



World Health Organization (WHO) Sudan mission to refugee camps 2017



How has your migration experience influenced your work?

According to Mayada, her immigration experience has made her a very open minded woman and it has contributed to her resilience. It has also forced her to see the world for what it is and be realistic about the problems the earth faces. Her journey has allowed her to see the world in a wholestic point of view and has given her the tools and willpower to fix the problems she sees in the world.



Mayada's Artistic Work: Peaceful Revolution of Sudan - Google Arts and Culture

What do you hope to accomplish by 2030?

She hopes to see a reversal of climate change to see lowering temperatures by 2030. She hopes to help promote public policies that help mediate the inequalities in gender.



If you had a superpower what would it be and why?

Mayada would want to have the power to help people unlock their potential and help human beings recognize their abilities. She would also choose to have the power to eradicate illiteracy, health inequalities, and poverty.



Mayada's Artistic Work: Sudan in Colors of Africa - Google Arts and Culture

How do you connect with your diaspora community and support it in both countries of origin and residence?



At the Élysée Palace representing the Sudanese young diaspora in the Paris Peace Forum.

Mayada, as a member of the Sudanese diaspora in France, always feels connected to her homeland. She also remains involved in the Sudanese diaspora community in France as well. She tries to play an active role with her involvement by being a player in the international community and by bringing about changes that her communities need. Recently, she partnered with Google Arts & Culture to display an art collection called 'Colors of Africa' for Sudan.

Which Sustainable Development Goal is most relevant for your work?

For Mayada, as a medical doctor, SDG 3 (Good Health and Well-Being) is very applicable. She also advocates for policies for advancing the environment for doctors and enhancing the connections between medicine, governments, and civil society. In addition SDG 5 (Gender Equality), specifically SDG 5.03 which focuses on the elimination of female genital mutilation connects to her work on gender equity in Sudan and other nations around the globe.



What would you tell other young people who want to make an impact in their communities of origin and residence?

Mayada would advise young people to 'claim your power, and to understand your important role' and contribute to your community as much as you can. Give back what you get and it will help empower you to continue to ignite change.

